# **HDL DIRECT**

# **CLEARANCE**

#### Intended use:

Enzymatic in vitro assay for the direct quantitative determination of HDL-cholesterol in human serum and plasma.

### Summary:

HDL (High Density Lipoproteins) are responsible for the reverse transport of cholesterol from the peripheral cells to the liver. Here, cholesterol is transformed to bile acids which are secreted into the intestine via the biliary tract. Monitoring of HDL- cholesterol in serum is of clinical importance since an inverse correlation exists between serum HDL- cholesterol concentrations and the risk of atherisclerotic disease. Elevated HDL- cholesterol concentrations are protective against coronary heart disease, while reduced HDL- cholesterol concentrations, particularly in conjunction with elevated triglycerides, increase the cardiovascular risk. A variety of methods are available to determine HDLcholesterol, including ultracentrifugation, electrophoresis, HPLC, and precipitation-bases methods. Of these precipitation-based methods are used routinely. HDL cholesterol is first separated by precipitating apoprotein Bcontaining lipoproteins from serum by using a combination of a polyanion and a divalent cation, such as dextran sulfate/magnesium chloride or phosphotungstate/magnesium chloride. Such precipitation -bases method are, however, time consuming and not amenable to automated analysis. Thus, there is a great clinical need for a convenient and reliable method for measuring HDLcholesterol in serum without any pretreatment. Several approaches for direct measurement of HDL-cholesterol in serum have been proposed, including the use of magnetically responsive particles as polyanionmetal combinations and the use of polyethylene glycol (PEG) with antiapoprotein B and anti-apoprotein CIII antibodies.

### Test principle:

Enzymatic colorimetric test

- Sample and addition of R1
- Addition of R2 and start of reaction

In the first step LDL, VLDL and Chylomicrons are eliminated and transformed to non reactive compounds and specific condition for the reaction. By the second reagent only the HDL-Cholesterol is subject to color reaction

# Cholesterol Esterase

Cholesterol ester + H<sub>2</sub>O — Cholesterol + fatty acid

Cholesterol Oxidase

Cholesterol + O<sub>2</sub>

Cholesten-3-on + H2O2

Peroxidase

H2O2 + phenol + 4-aminoantipyrine 

→ quinoneimine dye+4 H2O

### Working solution concentration:

R1:

 Good's buffer, pH
 7.0 100 mmol/l

 Cholesterol oxidase
 >0.8 KU/l

 Cholesterol esterase
 >1.0 KU/l

 Catalase
 >500 KU/l

 HDCBS
 0.5 mmol/l

R2:

Peroxidase 30 KU/I 4-Aminoantipyrine 4 mmol/I

Notes:

For in vitro diagnostic use.

Exercise the normal precautions required for handling all laboratory reagents

### Preparation and stability:

R1: Ready for use. R2: Ready for use.

Unopened kit components: Up to the expiry date at 2-8°C protected

from light

After first opening of R1/R2: up to 1 month at 2-8°C if contamination is avoided. On board stability:

R1: 28 day R2: 28 days

# Specimen:

Collect serum using standard sampling tubes

Li-heparin and Na-heparin- Plasma Stability: 7 days at +2°C - +8°C

30 days at - 70°C

Fasting and non fasting samples can be used. EDTA plasma causes decreases

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## <u>Limitations - interference:</u>

Criterion: Recovery within ±10% of initial value.

Icterus: No significant interference up to an index I of 79 (approximate bilirubic concentration 79 mg/dl)

Hemolysis: No significant interference up to an index H of 1000 (approximate hemoglobin concentration: 1000 mg/dl).

Lipemia (Intralipid): No significant interference up to an index L of 525 (approximate triglycerides concentration: 1050 mg/dl).

There is poor correlation between turbidity and triglycerides concentration.
The claim for lipemia interference is based on the Glick model, which uses
Intralipid as an artificial substrate. To date, there is no model available which
can mimic interference by triglycerides, as triglyceride levels in patient
specimens behave unpredictably, depending on the nature of the esterified
fatty acids in the samples. Patient specimens with elevated triglyceride levels
are very often lipemic. Therefore customers cannot verify interference by
triglycerides in patient specimens.In rare cases, elevated immunoglobulin
concentrations can lead to falsely increased HDL- cholesterol results. Abnormal
liver function does affect lipid metabolism; consequently, HDL and LDL results
are of limited diagnostic value. In some patients with abnormal liver function,
the HDL-D result is significantly negatively biased versus the DCM (designated
comparison method) result.

### **Testing procedure:**

Applications for automated systems are available on request.

Materials provided

- Working solutions as described above
- Additional materials required
- · Calibrators and controls as indicated below
- 0.9% NaCl

Manual Testing					
Wavelength:	Hg 570 nm (side wavelength 700 nm)				
Reaction temperature:	+37°C				
Cuvette:	1 cm light path				
Zero adjustment	Sample blank				
	Sample/Calib./Stand.				
Sample/ Calib./Stand.	3 μΙ				
R1	300 μl				
Mix well and incubate at 37°C for 5 minutes and read blank					
R2	100 μΙ				
Incubate at 37°C for 5 minu	ites. Read the sample absorbance				

Incubate at 37°C for 5 minutes. Read the sample absorbance. Calculate A = Asample-Ablank

### Measuring/reportable range:

7,75 - 100 mg/dl

Determine samples having higher concentrations via the rerun function. On instruments without rerun function, manually dilute the samples with 0.9%

(e.g. 1 + 1). Multiply the result by the appropriate dilution factor (e.g. factor 2

### **Expected values:**

Adults: 30 – 60 mg/dL

Expected values may vary with age, sex, diet, and geographical location. Each laboratory should determine its own expected values as dictated by good laboratory practice.

- 1. < 40 mg/dL as indicative of a major risk factor for Coronary Heart Disease.
- 2. > 60 mg/dL as a negative risk factor for Coronary Heart Disease.

# Analytical sensitivity (lower detection limit)

Detection limit: 7,75 mg/dl

The lower detection limit represents the lowest measurable HDL-cholesterol concentration that can be distinguished from zero.







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#### Imprecision:

Reproducibility was determined using controls in an internal protocol. The following results were obtained:

Within run						
Sample	Mean (mg/dl)	SD (mg/dl)	% CV			
Control Serum 1	25.57	0.706	2.76			
Control Serum 2	38.32	0.703	1.83			
Control Serum 3	48.40	0.506	1.05			

#### Method comparison:

A comparison of the BIOANALYTIC HDL-D (y) with a commercial obtainable assay (x) gave the following result (mg/dl):

y = 0.917x + 4.313; r = 0.975

# **Quality Control:**

Control Serum: BIOCON N

BIOCON P

5 x 5 ml #B10814 5 x 5 ml #B10817

The control intervals and limits must be adapted to the individual laboratory and country-specific requirements. Values obtained should fall within established limits. Each laboratory should establish corrective measures to be taken if values fall outside the limits.

### Calibration:

S1: 0.9% NaCl

S2: BIOCAL H

5 x 3 ml #B11895

# Calibration stability:

It is suggested to use Calibrator products produced by Bioanaliytic. It is suggested to use supplementary calibrator (pure water) to conduct 2-point calibration. The calibration curve is formed automatically. When lot number is changed or QC is invalid, calibration shall be conducted again. Recalibrate the assay every 30 days under ideal conditions, or when the following occur:

Change in reagent lot or significant shift in control values; Major preventative maintenance was performed on the analyser or a critical part was replaced(Halogen Lamp).

## Order information (Cat No.):

CC420	AB421	B24180	B28180	B32180	B35181	B80183
CC421	BHDL400	B24181	B28181	B32181	B36180	
OL420	BHDL200	B25180	B28182	B33180	B36181	
OL421	BHDL100	B25181	B30180	B33181	B37180	
KL420	B21180	B25182	B30181	B33182	B37181	
KL421	B21181	B27180	B30182	B34180	B80180	
CR420-421	B21182	B27181	B31180	B34181	B80181	
AB420	B22180	B27182	B31181	B35180	B80182	

#### Literature:

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### <u>Manufacturer</u>

Diaclinica Diagnostik Kimya.San.Tic.Ltd.Şti

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# **SYMBOLS**

**IVD** for in vitro diagnostic use only

**LOT** lot of manufacturing

**REF** code number

storage at temperature interval

expiration date (year/month)

warning, read enclosed documents

Read the directions

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Bioanalytic Diagnostic Industry

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